

May 2019 CCDC Safety Message

May is National Trauma awareness month and May 19 – 25 is National EMS Week. During May please be mindful of ways to prevent injuries by surveying your home, work and social areas for hazards that can create blunt, blast, or penetrating injuries. Some examples would be tying off ladders to prevent the ladder and the climber from falling, ensuring your grill's propane tank is properly attached and maintaining a safe distance from rotating lawn mowing equipment.

If these types of injuries occur, EMS personnel are likely to be the first individuals providing care. During EMS week, please thank these individuals for using their valuable time to train and respond to ensure your well – being. You can also be a first line of defense by ensuring you have training in basic first aid, CPR, Stop the Bleed and using abdominal thrusts for choking. Please check the CCDC bulletin for upcoming training in these areas.